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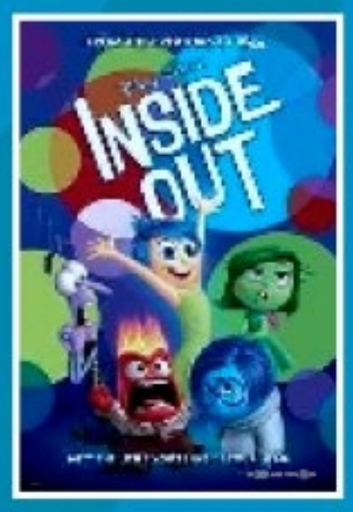

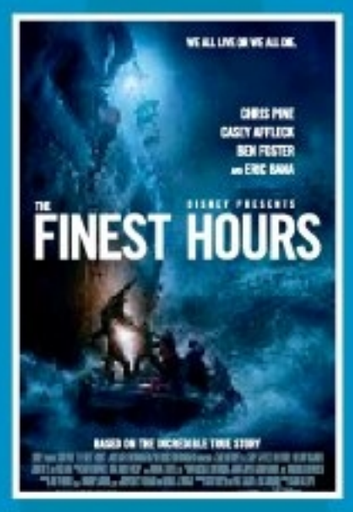

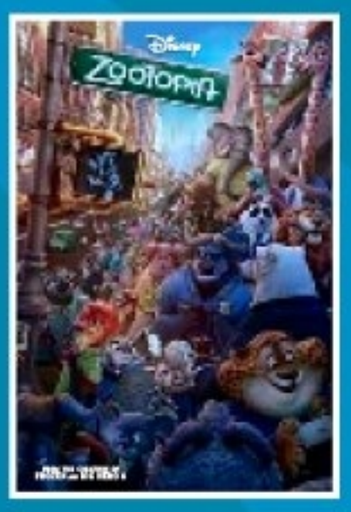

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EMBRACE THE NASTY

Trump's insults only empower Clinton — and women around the world metroNEWS metroLIFE

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Your essential daily news | WEEKEND, OCTOBER 21-23, 2016 | High 11°C/Low 5°C Probably showers

Everything you *need to know* about the flu

Meet Mr. William Peyton Hubbard

He defied all odds in 1894 to become the first black person to serve as a Toronto city councillor — and now, he's being honoured metroNEWS

COURTESY CITY OF TORONTO ARCHIVES

Not going by the book

UNIVERSITY OF TORONTO

Project saving students on course packs getting a passing grade

May Warren
Metro | Toronto

A new University of Toronto effort designed to cut the cost of course packs for classes is getting high marks from a student advocacy group.

The project hooks professors up with librarians to make sure students are able to take full advantage of digital material the university has already paid for.

"When students are buying these course packs they're actually paying twice because their tuition has already gone to the library to buy these materials," said Graeme Slaght, a copyright outreach librarian with the University of Toronto.

Some of the program's material also comes from something called "fair dealing" under the Copyright Act, where the university is allowed to use copyrighted material without a licence as long as they meet certain criteria.

The cost of textbooks and course packs, which include material from academic journals and books, can be a huge expense on top of tuition.

According to the province, undergraduate students should budget an average of $1,000 a year for course materials, and students in specialized programs such as medicine, architecture, and dentistry should plan on paying even more.

Gayle McFadden, Ontario national executive representative with the Canadian Federation of Students, said UofT's method is one other colleges and universities could learn from.

She said she's seen a recent "grassroots movement" towards open access across the country. On some campuses, for example, LGBTQ groups have made academic materials on gender identity free for students.

But, this is the first push McFadden heard of from a school itself.

"It's great to see initiatives like this that are creating more open access where it's not a publisher holding students, and oftentimes institutions, hostage to high costs of books and online materials," she added.

$406,039

Total savings to 4,960 students since UofT's program started as a pilot project

SOURCE: UNIVERSITY OF TORONTO

TORONTO'S DEADLY STREETS

10 PEDESTRIANS HIT BY DRIVERS — IN 5 HOURS

We're en route to having one of the highest rates of traffic fatalities among global cities: Analysis

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Apple attacks Amazon fakes. **Business**

The city's executive committee is considering raising flags of four local indigenous communities on a permanent basis. EDUARDO LIMA/METRO

What's missing from city hall?

Council considers raising flags of four indigenous communities

Gilbert Ngabo
Metro | Toronto

There could soon be more flags flying high at Toronto City Hall.

The city's executive committee is considering raising flags of four local indigenous communities on a permanent basis. Toronto sits on the treaty land of the Mississaugas of the New Credit First Nation, and City Council has recently started acknowledging traditional territories at each council and committee meeting.

Flying flags representing the Mississaugas of the New Credit, the Metis people, the Haudenasaunee and the Huron-Wendat is another step toward reconciliation with indigenous communities, said Coun. Mike Layton.

"In our history as a nation and as city, we have not treated the Aboriginal people with respect," said Layton, co-chairman of the city's indigenous affairs committee. "This is a time to start recognizing that and most importantly follow those acknowledgments with concrete actions that have a positive impact on First Nations people."

Toronto may be a little late to the party — some other Canadian cities already fly flags of local First Nation communities — but local indigenous people say the move will mark a point of pride and be an important step toward reconciliation.

"This isn't something you achieve over a year of hashtag trending," said Sam Mukwa Kloetstra, a youth co-ordinator at Toronto Indigenous Health Advisory Council. "It's a societal shift in how we think about our relationships between indigenous people and settlers. It has to be based on shared values and healthy understanding and respect of each other."

Mississaugas of the New Credit First Nation: The Eagle is the community's totem.

Metis people: The symbol represents the mixing of European immigrants and First Nations people, creating a new and distinct culture.

Haudenosaunee: The flag represents the original five nations — Seneca, Cayuga, Onondaga, Mohawk and Oneida — that were united in peace by the Peacemaker.

Huron-Wendat: A confederation of five Iroquoian-speaking nations originally situated in northern Simcoe County.

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HUDSON'S BAY

Police slash budget

PUBLIC SERVICE

Thin blue line finds bottom-line savings in hiring freeze

The Toronto Police Service is asking the city to approve a $1.002 billion operating budget in 2017, two million dollars less than this year's record budget and halting a more-than-decade-long upward trend.

Mayor John Tory, a member of the civilian police oversight board, called it a "huge accomplishment" because the service found $47.4 million in spending reductions, almost half from a hiring freeze.

"This is the first police budget in the last eleven … that actually shows a reduction in the police service budget," Tory said Thursday after the board approved the budget request. The proposed spending plan now moves to the city's budget committee.

The TPS budget request, however, fell short of council's requested 2.6 per cent reduction, which would mean another $24 million would need to be cut. Last summer, council voted to reduce all city budgets by 2.6 per cent.

"I think we have to look at the glass as being half full instead of otherwise," because the trendline is going down, Tory responded.

"It's a beginning, because as we are able to implement the recommendations of the transformational task force and modernize policing… (there are) opportunities for further rationalization and further opportunities to have better policing for less money."

But the Toronto Police Accountability Coalition was unimpressed.

"The case has not been made for why the police should be awarded any funds above and beyond what city council has requested, namely $978.6 million," former mayor John Sewell wrote in a letter to the board.

The so-called transformational police task force has identified $100 million in reductions and savings over the next three years. The average number of deployed officers is set to drop from 5,072 in 2017 to 4,767 in 2019.

TORSTAR NEWS SERVICE

This is the first police budget with reductions in 12 years. TORSTAR NEWS SERVICE FILE

ACCOUNTABILITY

Search on for best bodycam investment

The Toronto police board has approved a pricey second step in an ongoing examination of body-worn cameras, taking the service closer to with the increasingly popular technology.

One month after a report on the Toronto police body-worn camera pilot project was released, the civilian board agreed to spend $500,000 on a non-binding request for proposals to find the best, most affordable camera technology.

The money will also pay for a fairness commissioner and outside experts to ensure the search is above-board — something city councillor and police board member Shelley Carroll said is costly but necessary.

The police board has agreed to seek the best bid for bodycams. TORSTAR NEWS SERVICE

A supporter "in principle" of the deployment of body-worn cameras, mayor John Tory said the cost of ensuring the police service does a proper technology evaluation "will pay itself back many times over."

Last month, a 95-page Toronto police report concluded all 3,200 front-line officers should be equipped with body-worn cameras at an estimated cost of $85-million over 10 years.

That conclusion is based on a year-long body-worn camera pilot project that ended in May, in which 85 officers wore cameras.

But critics and Toronto police, too, raise concerns about the project's shortcomings — not to mention the skyrocketing cost of implementing body-worn cameras, though there is hope emerging cloud storage technology could decrease costs.

During the pilot, officers did not have the cameras rolling at all times. The Toronto Police Accountability Coalition raised concerns about the officers' ability to turn the devices on and off.

TORSTAR NEWS SERVICE

Call it a pubic plebiscite

Toronto Public Health has unveiled the shortlist for the next municipal condom wrapper design, and is asking people to, um, pick their favourite package. The Top 10 designs were narrowed down from 400 submitted after a public call went out last month. Voting ends Nov. 1 and winners will be announced Nov. 15. Head to onecondoms.com to get in on the action. These are the options.

GILBERT NGABO/METRO

IMAGES CONTRIBUTED

CRIME

Two arrested in brazen diamond theft

Police have arrested a couple in the Toronto area in connection with a brazen diamond theft earlier this month in New Brunswick that was captured on surveillance camera.

Saint John police said Thursday morning that their counterparts in York Region had arrested 70-year-old Grigori Zaharov and Natalia Feldman, 44, in Vaughan on charges of theft. The arrest came following a Canada-wide warrant for the couple's arrest.

A spokesperson for the York Regional Police, Const. Andy Pattenden, said the couple was arrested at a condominium complex and are in custody. They were to appear Thursday in a Newmarket courthouse and are expected to be transferred to Saint John.

"I'm ecstatic," said Wayne Smith, owner of W. Smith & Co. Fine Jewellers in Saint John, N.B. "Because of our tape we were able to bring something to light."

Smith said Thursday that after he decided to release the footage of the robbery to the public he was contacted by an informant who recognized the couple and was able to identify them.

Surveillance-camera image of a couple suspected in a Saint John, N.B., diamond theft. COURTESY CHARLOTTETOWN POLICE SERVICES

He passed that information along to the police, who, according to Smith, were able to determine that a couple with the same name had stayed overnight at the Delta Hotel, which is directly upstairs from Smith's jewelry store.

Zaharov has a number of previous criminal charges in Ontario going back decades.

In January 2004, Zaharov, then 57, was reportedly charged after police found cash, gems, silverware, blank credit cards and allegedly altered Canadian passports.

The discovery was made while police were investigating a home invasion and brutal beating that sent Zaharov to hospital.

In August 1994, the Windsor Star reported that Zaharov, then 47, had been arrested for allegedly "capping his bets"—an offence in which a gambler increases the size of a blackjack bet knowing that he or she possesses a winning hand — at the newly opened Casino Windsor.

In 1992, Zaharov appealed a robbery conviction at the Ontario Court of Appeal, arguing that police had illegally searched his vehicle following the robbery of a Radio Shack store, but the appeal was dismissed.

Earlier this week, Charlottetown police released surveillance camera images of a couple suspected in the Oct. 12 theft of diamonds valued at about $20,000.

On surveillance-camera video, the couple can be seen looking at necklaces, earrings and other jewelry before being presented with the loose cut diamonds. While the sales representative walks away to grab a mirror for the couple, the man switches the real cut diamond for a fake that he has received from the pocket of his female accomplice. With the switch done, he stuffs the gem into his back pocket.

Smith, the Saint John jeweller, said he has been contacted by other jewellers across Canada regarding similar thefts.

TORSTAR NEWS SERVICE

LEGISLATION

Province moves to ban 'scalper bots'

Ontario plans to introduce legislation next spring to outlaw computer "scalper bots" that scoop up huge blocks of tickets to concerts and major sporting events, forcing many customers to the more expensive resale market.

Attorney General Yasir Naqvi admits there's no magic bullet he can use to stop criminals operating in other jurisdictions from using sophisticated computer software to make bulk purchases of tickets to resell at far above face value.

But he says inaction is not the answer either, and feels strongly that the government needs to do something to try to protect consumers and make sure they get a "fair shot" at buying tickets to big events.

Naqvi says he was "bugged" by seeing Tragically Hip fans being shut out of initial ticket sales for the iconic Canadian band's farewell tour last summer.

> **"New York and London are bigger markets than us, and they're struggling with the same thing.**
> Attorney General Yasir Naqvi

He plans to consult with consumer groups, entertainers and his colleagues in other jurisdictions like New York, who have also struggled to deal with ticket scalping and "bots."

Naqvi says the government's legislation will build on a private member's bill by Liberal Sophia Kiwala, which also was aimed at banning "scalper bots."

"I want to see what kind of solutions we can put in place," he said. "New York and London are bigger markets than us, and they're struggling with the same thing." TORSTAR NEWS SERVICE

Technology failure delays Grade 10 test

EDUCATION

Provincewide literacy test cancelled after online trial fails

Thousands of students across the province arrived at school Thursday geared up to take the Grade 10 literacy test, only to find the technology failed them.

It was the first time the mandatory assessment was to be delivered online instead of using pen and paper, but by late morning all sessions throughout the day were cancelled by the Education Quality and Accountability Office (EQAO), which administers standardized tests in Ontario.

"We acknowledge that we are experiencing widespread technical issues," said an announcement posted on the EQAO website.

"We regret to inform you that we have cancelled today's assessment."

Lawrence Park Collegiate Institute students Shane Bulwa, 15, left, and Shawn Flumerfelt, 15, were slated to take the EQAO literacy test but could not due to a provincewide system failure. CHRIS SO/TORSTAR NEWS SERVICE

The literacy test usually takes place in the spring but Thursday's version was a pilot by 190,000 students at 900 secondary schools in the province who volunteered to test the online version to determine whether it was ready to be rolled out next March.

But as many of the students tried to log on or complete the questions, it became clear it wasn't.

"We recognize all of the work that schools have done to prepare for this trial," said the EQAO statement. "We are disappointed at the outcome of this trial and sincerely apologize for this development."

EQAO director Richard Jones said the failure was "a very big surprise" after months of successful testing that showed it could handle more than 250,000 students logging on. He said the source of the problem has still not been determined.

As a result of the technical failure, all students will repeat the process next spring, even if they were among those who spent hours completing it Thursday, he added.

Peel District School Board spokesperson Ryan Reyes said the technical failure caused chaos in some high schools and that parents were to be notified by phone with further details.

TORSTAR NEWS SERVICE

PRESCRIPTION

Pharmacy drug swap proves fatal

As she had done so many times before, Melissa Sheldrick helped her 8-year-old son Andrew get ready for bed one Saturday evening last March.

Andrew, who was diagnosed by a doctor with a sleeping disorder, was on a regular prescription for tryptophan, a drug that helped regulate his sleep cycle. After taking his usual dosage, Andrew went to bed at 9:30 p.m.

He never woke up.

"The next morning, we found him in his bed. He was gone," his mother said. "We were frantic. We called 911 and the paramedics came and said there was nothing, any kind of medical intervention they could do. It was like something out of a nightmare."

Andrew was mischievous, caring and funny, his family recalls.

Until July, his family didn't know why he died. Sheldrick, her husband Alan and 14-year-old daughter Samantha found out through a coroner's report that Andrew died of a toxic overdose of baclofen, a muscle relaxant drug.

Melissa Sheldrick with her son Andrew. CONTRIBUTED

The coroner's report concluded that the bottle of medication Sheldrick had picked up for her son at the pharmacy that same Saturday, March 12, contained no traces of the sleeping drug he had been prescribed.

"Logic would dictate that baclofen was substituted for tryptophan at the compounding pharmacy in error," the report states. Peel Regional Police are "addressing this issue" with Floradale Medical Pharmacy in Mississauga, where Sheldrick had received the drug for her son, according to the report.

The family is now suing Floradale, seeking $4 million in damages.

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HISTORY

Riverdale park named after first black city councillor

Gilbert Ngabo
Metro | Toronto

William Peyton Hubbard, right, was the first black person to serve as a Toronto city councillor, and will have a park in Riverdale named after him. EDUARDO LIMA/METRO; RIGHT: TORSTAR NEWS SERVICE FILE

William Peyton Hubbard wasn't supposed to be a politician.

Racism was rampant in Toronto in his day, so much so that a member of the Ontario Legislative Council called black people "evils" in a news article.

"It has been my misfortune and the misfortune of my family to live among these blacks," said Col. John Prince in 1857, as quoted in the Toronto Times.

Hubbard was only 15 then, but he'd later defy all odds to become the first black person to serve as a Toronto city councillor, and the first non-white person to be elected to public office in any major Canadian city.

The Riverdale community will bestow him another honour on Saturday, naming a public park in front of the old Don Jail, near Gerrard Street and Broadview Avenue, after him.

Hubbard Park is "the culmination of a lot of efforts to underscore the presence and contribution of black people in our city," said Rosemary Sadlier, former president of the Ontario Black History Society and one of the people who led the initiative.

Born in 1842 in a small hut near Bloor Street and Bathurst Street to parents who escaped slavery from the United States, Hubbard worked as a baker and later as a horse-drawn cab driver.

He entered local politics in 1894, when he won the council seat for Ward 4 — an affluent area between St. Clair Avenue and Lake Shore Boulevard, and University Avenue to Bathurst.

Hubbard would win 14 more elections, and build his legacy on improving the city's waterworks. He was instrumental in efforts that led to the creation of Toronto Hydro.

> **"The culmination of efforts to underscore the contributions of black people.**
> Rosemary Sadlier on the park to be named after William Peyton Hubbard

Hubbard also served as the justice of the peace for York County in 1908. He died of a stroke in 1935 at his home near Broadview and Danforth Avenue.

The park naming is not the first time Toronto has recognized Hubbard. A plaque installed by Heritage Toronto in 2004 sits outside what used to be his home on the Danforth.

Naming a piece of public property after Hubbard is a way to inspire youth in the local black community, said Sadlier.

"They may not necessarily wish to be politicians, but it helps show them that the path has been cleared and they can achieve anything," she said.

IN BRIEF

PM on hand at Amazon's new warehouse opening

Prime Minister Justin Trudeau was on hand Thursday for the official opening of Amazon Canada's new warehouse and distribution centre in Brampton.

Trudeau says the high-tech facility will create more than 700 full-time jobs. He added the new initiative is evidence that large multinational companies believe that Canada is a good place to invest and do business.

THE CANADIAN PRESS

Parents frustrated by York school board investigation

More than a month after the York school board launched an investigation into allegations that Markham elementary school principal Ghada Sadaka put anti-Muslim posts on her Facebook page, board officials aren't sharing much about the case, calling it a "personnel matter."

Parents say they are frustrated by the lack of information they have received from the board.

TORSTAR NEWS SERVICE

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METRO ARTIST TAKE

TORONTO ♥ COFFEE

Artist Erin Rothstein is taking the phrase "caffeine addiction" to a new level with her latest series of paintings showcasing the to-go coffee cups of Toronto. She talked to Metro about the "delicious research" she did to prepare and why she was drawn to the city's "coffeescape."

METRO

What got you thinking about coffee?

I am often thinking about coffee, for the simple reason that I have twin toddlers and a full painting schedule. I try to visit a different independent coffee shop each morning as a way to break out of my own routine and enter another universe, where I can find a moment of pause to savour my delicious cappuccino and marvel at the diverse cultural landscape (or coffeescape) that is Toronto. I wanted to create a series of paintings that gave people that very same feeling of pause, warmth and familiarity. I wanted these paintings to serve as portraits of our incredible city.

What medium do you use and why?

My paintings are acrylic on canvas. I was introduced to acrylics at Dawson College in Montreal, and I became very familiar with the medium. Its fast-drying nature allows me to work quickly, and over time, I've learned how to manipulate the paint in a way that suits my artistic style.

Did you set yourself rules for this project?

In preparation for this series of paintings, I set out to visit a new indie Toronto coffee shop every morning. I like to live my projects, and I knew the paintings would be more vibrant if I experienced Toronto's coffee landscape firsthand. It was the most delicious research I've ever done.

How are people responding to the coffee cups?

The response to the coffee cups has been tremendous. So many Toronto dwellers have a personal connection to at least one of the city's independent cafés, and in a broader sense, so many people have an intimate relationship with coffee. Where esthetics are concerned, people are gravitating toward contemporary still life paintings, with clean lines, pops of colour, and lots of negative space. These paintings are lighthearted, and yet deeply personal. When I first posted photos of my work in progress, people were posting comments like "this painting speaks to my soul."

Do you ever work in coffee shops?

I frequently work in coffee shops, but only on my computer. I have never tried painting in a coffee shop, but it's not a bad idea! I would definitely be open to the experiment.

What have you learned about cafés, café-goers and coffee shop owners?

This project confirmed what I already knew: that Toronto is a treasure trove of artisanal coffee. Roasters are dedicated to their craft and brand, and caffeine fiends are equally dedicated to unearthing their favourite cup of coffee. The city is always changing and there's always one more place to try.

Do you have opinions about take out cup design?

I love the esthetics of Toronto's to-go cups. They're all very different, but most of them include a uniquely graphic stamp and a very clean font. When grouped together, it's clear that our coffee cups have a certain edge. Voodoo Child, De Mello Palheta, and Jimmy's are among my favourite cups from a design perspective.

Do you have a favourite local coffee shop?

It's hard to name a favourite! I visit different shops all the time, and I will certainly continue my "coffee research" long after this project is over.

ABOUT THIS SERIES **Artists can change the way we interact with the world around us** by offering new takes on the ordinary. Metro's sharing some of the work that's happening around Toronto. Send your visual stories to jason.logan@metronews.ca

#METROARTSCHALLENGE SQUASH YOUR CITY Hey readers! You have until Oct. 27 at noon to show us your carving skills. Make a Halloween pumpkin with a Toronto theme — the more creative, the better — **snap a picture and send it to genna.buck@metronews.ca, or tweet with the hashtag #MetroArtsChallenge**. You could see it in a future edition of Metro. LIZ BROWN/METRO

Rainy morning menace

May Warren
Metro | Toronto

Thursday was one of the most dangerous mornings in months for Toronto pedestrians.

Ten people were hit by drivers before noon. Seven were hit in one hour alone.

"There's really no evidence that what pedestrians wear makes any difference to visibility.
Dylan Reid

The crashes happened across the city from downtown to Scarborough. Six people were seriously injured, said Kim McKinnon, a Toronto paramedic spokeswoman.

McKinnon said people wearing dark clothing and rushing across streets in the rain were among the causes. Both drivers and pedestrians need to be careful, especially with darker fall mornings and reduced visibility from rain, she noted.

People are "rushing with umbrellas" and "maybe even rubber boots that they haven't worn" and, overall, aren't "paying attention," she said.

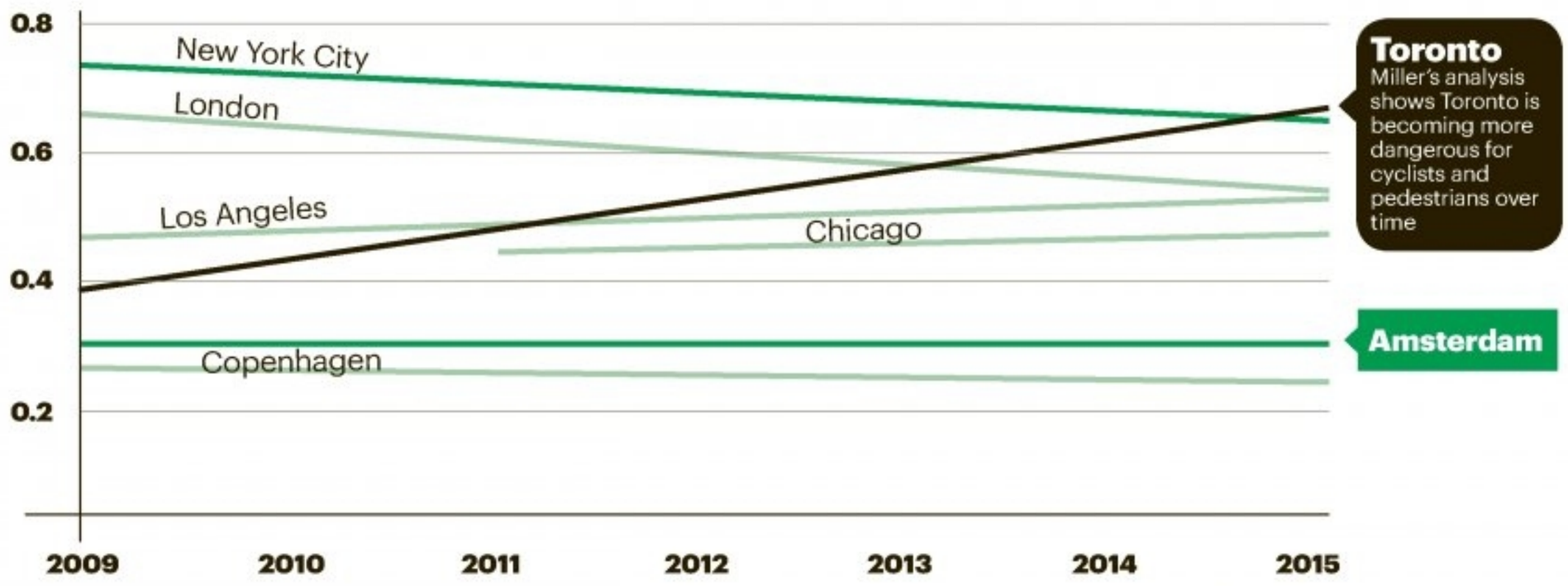
Walk Toronto's Maureen Coyle called such comments "utter nonsense" and "victim blaming."

Pedestrian advocate Dylan Reid said Thursday morning highlighted the need for a "true vision zero policy in Toronto."

The city approved a new road safety plan in June, but advocates like Reid feel it doesn't do enough to protect pedestrians.

BY THE NUMBERS | Pedestrian and cyclist deaths per 100,000 residents

Ian Dennis Miller's research tracks per capita pedestrian and cyclist deaths in different cities over time. While the annual numbers can vary in a given city, this chart shows whether each city's fatality rate is trending upwards or downwards, or in the case of some European cities, staying flat. In Amsterdam, widely touted as a model for pedestrian and cyclist safety, the rate of per capita fatalities has remained steady — roughly 0.3 deaths per 100,000 residents — since 2009. Miller's analysis shows Toronto is becoming more dangerous for cyclists and pedestrians over time, in contrast to a city like New York, where a recent push for safer streets appears to have caused their fatality rate to trend downwards. It remains to be seen whether Toronto's new road safety plan will have the same impact.



Body count worsening among Toronto traffic

ROAD SAFETY

Statistics suggest 2016 to be one of worst years in decades

Luke Simcoe
Metro | Toronto

Last year was one of the deadliest years on Toronto roads in over a decade. This year, despite a growing awareness of road safety and some tough talk from local politicians, is going to be worse.

If the trend continues, new research shows Toronto is on track to have one of the highest rates of traffic fatalities — particularly for vulnerable road users — among global cities.

On Oct. 12, a 98-year-old man was killed by a pickup truck driver while crossing Davenport Road, near Ossington Avenue. It was the 64th road fatality in Toronto this year, tying 2015's gruesome tally, and on Thursday evening, a 63-year-old woman was struck and killed in Leaside.

November is historically a high point for road deaths in the city, virtually guaranteeing 2016 will be deadlier than its predecessor.

Ian Dennis Miller is a doctoral student in the University of Toronto's psychology program. He's been tracking per capita pedestrian and cyclist deaths across cities, including London, Los Angeles, Chicago, and Copenhagen.

"If you look at the data for London and New York, you can see a success story. Over the last seven years, fewer people per capita have been killed every year," he said.

"But Toronto is very much the opposite."

Among the cities Miller examined, New York was historically the deadliest — the city's pedestrian and cyclist fatality rate was nearly twice that of Toronto's in 2009. However, an ambitious road safety strategy launched by Mayor Bill de Blasio in 2014 has reversed the trend.

In fact, Miller expects Toronto will surpass New York in terms of per capita fatalities by 2019.

"Toronto is on track to become more dangerous to pedestrians and cyclists than every other city in the study," he said.

"Toronto is on track to become more dangerous to pedestrians and cyclists than every other city in the study.
Ian Dennis Miller

In response to a growing outcry over road deaths, Toronto city council approved an $80-million road safety plan last June. Parts of the plan have begun to be rolled out, with more coming in 2017.

Miller plans to keep tracking the numbers to see if the road plan makes an impact.

He's also made all of the data from his research public, so politicians in charge of keeping people safe on Toronto's streets can make "evidence-based decisions."

"When you have more evidence you don't have to resort to name calling or victim blaming," he said. "We can do better; all we need is the information."

Statue may lose head again

SUDBURY, ONT.

Terracotta replacement now changing shape in rain

There's a new head on the Baby Jesus statue in downtown Sudbury, Ont., but it may soon be lopped off.

The head's part of a Baby Jesus and Mary stone statue on the front lawn of the Ste. Anne des Pins church in the city's downtown.

Someone severed and stole the original stone head earlier this fall.

The terracotta replacement head has been turning heads, because it's an orangish hue on an otherwise white statue. Its spiky hair has moved at least one observer to say it looks more like Lisa Simpson of cartoon fame than the classic Baby Jesus.

Worse yet, it's changing shape in the rain and turning the rest of the statue an orangish hue.

"I have noticed that, with the rain, the clay is eroding," Father Gerard Lajeunese said in an interview. "I may have to have it removed."

A statue of baby Jesus outside Ste. Anne des Pins parish in Sudbury, Ont., got a facelift after it was vandalized in northern Ontario — and the result is turning heads. GINO DONATO/THE CANADIAN PRESS

"Right now, it's staining the statue," Lajeunese said.

The terracotta head is the work of local artist Heather Wise, who told Lajeunese she plans to replace it with a stone one eventually.

She volunteered to do the job for free, even though she has never sculpted in stone before and doesn't belong to the parish, Lajeunese said.

The plan was that the orange terracotta head would serve as a temporary replacement until she could do something in stone, Lajeunese said.

> **"The initial plan was to paint it, but it was never dry enough, and we're starting into the rainy seasons,"**
> Father Gerard Lajeunese

"The initial plan was to paint it, but it was never dry enough, and we're starting into the rainy seasons," Lajeunese said.

He said Wise did the work out of the goodness of her heart.

"She's not Catholic," Lajeunese said. "She was upset with what was done."

The baby Jesus head had been knocked off before, but it could always be found nearby.

This time, it was taken away, Lajeunese said.

There has also been paint thrown on the church and graffiti.

"It's not quite common, but it happens a few times a year," Lajeunese said. "It's a shame. It's a nice oasis of greenery."

TORSTAR NEWS SERVICE

FIRST NATION

Chief pleads for road

The chief of an isolated reserve under one of Canada's longest boil-water advisories says construction on a road linking his community to the outside world must begin now.

Shoal Lake 40 First Nation land straddles the Ontario-Manitoba boundary and was cut off from the mainland a century ago when an aqueduct was built to supply fresh water to Winnipeg. The reserve has no all-weather road and has been under a boil-water advisory for 18 years.

Chief Erwin Redsky says the First Nation's only aging ferry broke down three weeks ago, cutting off the community entirely.

The ferry resumed operation on Wednesday, but the most recent breakdown underlines the vulnerability of the reserve and the need to get an all-weather road built, Redsky said.

People who live on the reserve use a treacherous ice road in the winter and people have died falling through the ice.

THE CANADIAN PRESS

DEPORTATION

Woman issues plea to remain in Canada

A young mother facing deportation to the U.K. after spending much of her life in Canada issued a plea Thursday to be allowed to stay in the country she considers home, a day before her strange saga goes before a hearing that may determine her fate.

Propped up in a hospital bed and groggy from pain medication, Fliss Cramman said she is terrified of being forced to return to England, where she was born but left at the age of eight when her parents moved to Ontario.

"I'm just so scared to go back — I don't know anybody, I don't know anything," she said through tears, while two corrections officers stood guard in her drab hospital room.

"If I leave here, I'm leaving my heart behind big time. This is my homeland."

The 33-year-old mother of four young daughters, who were all born in Ontario, only became aware that she was not a Canadian citizen following a recent drug conviction and incarceration. The Canada Border Services Agency looked into her status while she was in custody, discovering that her parents and several foster care families that took her in at the age of 11 failed to secure her Canadian citizenship.

As a result, the agency says it wants to deport her by Dec. 16, despite her physician's assertion that she is in fragile health and needs to remain in the country for about 18 months to properly recover from a series of colon surgeries done after she was rushed to hospital from a prison facility in Dartmouth on Aug. 12.

At a hearing in the basement of the hospital late last month, the Immigration and Refugee Board agreed Cramman would not be able to travel for "at least a couple of months." It said it would review the matter, along with a possible release from custody, at another hearing Friday.

Advocates with the Elizabeth Fry Society and a local refugee group have taken on her case, which has attracted attention from across the country.

THE CANADIAN PRESS

Fliss Cramman in her hospital bed in Dartmouth, N.S., on Thursday. ALISON AULD/THE CANADIAN PRESS

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Cyberbullying 'mutes' important voices: Poll

SAFETY

Harassment has effects beyond online

David P. Ball
Metro | Vancouver

60%

Of Canadians who use social media, 60 per cent have been harassed or bullied online, according to a new poll.

25%

Of Canadians who have been harassed on social media, one in four say the effects of have seeped into their real lives.

A disturbing one-third of Canadians who use social media have been harassed or bullied online, according to a new poll — and for a quarter of them, the effects are being downloaded into their 'real lives.'

With just 11 per cent of the country not yet on Facebook, Twitter or other networks, an increasing number of people are finding themselves essentially silenced by the trolls, the Angus Reid Institute study found.

"It certainly mutes voices that might otherwise be heard," explained the non-profit polling organization's executive director, Shachi Kurl, in a phone interview. "Six-in-ten people on social media say they're not going to share things, deleting a tweet, removing a picture, or deciding to not post something because they want to avoid unwelcome responses.

"They're self-censoring because they're worried about what the backlash could be, particularly from trolls."

This year, Ghostbusters star Leslie Jones was forced to leave Twitter after being hounded by thousands of trolls online waging a relentless online attack on the Black actor.

In Canada, elected Saskatchewan politician Ben Kautz apologized and resigned after he made a Facebook comment about the shooting of a young First Nations man in front of his three friends by a white farmer, saying, "His only mistake was leaving three witnesses."

The results of the survey of Canadians were even worse among LGBTQ social media users — 58 per cent of whom reported being harassed on the platforms — 38 per cent of visible minorities, and nearly half of users age 18 to 34.

"Only 10 to 11 percent of Canadians say they're not using social media at all," Kurl said. But she emphasized that it's a myth that online bullying can be simply ignored by logging off.

"Of those who say they've been harassed on social media in some way, about one-in-four say it's actually followed them into their real lives," she said, "and it's a little higher for women than for men.

"There can be a sense of minimizing it, 'It's just on social media, it's not real' ... the notion that it's just a screen, not a person. But there's a real-life impact to this."

Among women on social media, the poll found 28 per cent said "their experiences with harassment on social have had an impact on their real lives," nine points more than for men.

The ways online harassment is impacting people offline include changing real-world habits after receiving threats (57 per cent), one-third who found it affected their relationships with family or friends, and nearly as many who "received unwelcome phone calls/messages/tests" (31 per cent).

More than one in ten victims on online harassment said they were followed or stalked "in person," while eight per cent said they had to change their place of work or school afterwards.

Kurl said that Canadians appear to be not taking the abuse quietly, however; the majority called for social media companies to do more in combatting bullying on their platforms.

The Angus Reid Institute poll surveyed 1,530 Canadians online, and had a margin of error equivalent to 2.5 per cent, 19 times out of 20.

POLITICS

Trudeau reaffirms his commitment to reforming the electoral system

Justin Trudeau says he remains "deeply committed" to reforming the voting system.

The prime minister reaffirmed his commitment Thursday, one day after he appeared to be preparing to renege on his promise that the 2015 federal election would be the last conducted under the first-past-the-post process.

"I think it's important that a country as forward thinking and constantly improving and evolving as Canada is alert to opportunities to improve our systems of governance and the way we pick our governments," Trudeau said after taking part in the official opening of Amazon Canada's new warehouse and distribution centre in Brampton, Ont.

Justin Trudeau makes an announcement in Brampton, Ont., on Thursday. NATHAN DENETTE/THE CANADIAN PRESS

"And that's a commitment we made in our election that I continue to be deeply committed to."

Trudeau's reassurance was in contrast to an interview published Wednesday in Montreal's Le Devoir newspaper, in which the prime minister said that any major reform to the voting system will require "substantial" support. At the same time, he opined that the public clamour for reform has subsided since the Liberals defeated Stephen Harper's Conservatives one year ago.

"Under the current system, (Canadians) now have a government they're more satisfied with and the motivation to change the electoral system is less compelling," he told Le Devoir.

The interview touched off accusations that Trudeau is preparing to abandon his campaign promise to scrap first-past-the-post, a widely criticized voting system that resulted in Trudeau's Liberals winning 54 per cent of the seats in the House of Commons despite capturing less than 40 per cent of the popular vote.

NDP democratic reform critic Nathan Cullen told the Commons that the prime minister seems to think "that because he won the last election the system must now be perfect."

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Nasty women unite

Rebecca Chiu
Metro | Toronto

When Donald Trump blurted into his mic on Wednesday night, telling Hillary Clinton she was "such a nasty woman," he probably didn't anticipate the type of social media reaction that followed.

Soon after, the hashtags #ImANastyWoman and #NastyWoman spiked. Women were either talking about being "nasty" themselves, or using the topic to take down the Republican candidate on his other sexist comments.

The Clinton campaign grabbed hold of the opportunity, tweeting out a comparison between Trump's comment to the candidate's earlier statement that "nobody respects women more than me."

It seems one Clinton supporter even purchased the domain nastywomengetshitdone.com, directing it to the Democratic presidential candidate's campaign website.

Supporters aren't only buying websites, but clothing, too. Nasty woman T-shirts are already being sold online, with 50 per cent of sales going towards Planned Parenthood, and in an even further dig at Trump, you can purchase a "Make America Nasty Again" hat on Etsy.

This T-shirt is being sold on googleghost.com. CONTRIBUTED

THE ASSOCIATED PRESS

'Truthiness' vs. 'Trumpiness'

In today's world, facts seem to be anyone's game

VICKY MOCHAMA

Between the American election, the Brexit referendum and the fissure in the Knowles-Carter household, it's hard to know what to believe anymore.

In the third and oh-God-when-will-this-end final debate, Donald Trump didn't seem to know the difference between late-term abortions and birth. "In the ninth month," he said, "you can take the baby and rip the baby out of the womb of the mother." According to him, this happens "as late as one or two or three or four days prior to birth."

Despite his five kids and a stated passion for female anatomy, Trump doesn't seem to be aware that he is describing the regular process of a C-section. Although he's proven he knows nothing about women's health, Trump feels like he can have an opinion on women's bodies.

On The Colbert Show, "truthiness" held that a fact was true if someone deeply believed it. Colbert recently updated it to "Trumpiness:" a fact is true if you hold it much deeper in your gastrointestinal system — somewhere not fit for broadcast.

Having waited for the computers to spontaneously combust at the millennium, we should have known that nothing and no one could be trusted as of day one of the year 2000. Especially not the machines.

Computers have sped the post-fact world into hyperdrive with the availability of fast, small and easy-to-use phones and computers.

On the Internet, it's easy to silence disagreement and confirm your own biases.

It's a phenomenon that happens offline as well.

A 2008 Yale study, for example, asked participants about the safety of nanotechnology. When they had scant information, their opinions were all over the map. Yet, when given more information about nanotechnology's risks and benefits, participants "became highly divided" according to their existing ideological biases.

Online, however, it has become rapidly beneficial to assert opinion as fact.

Buzzfeed and the New York Times have reported on the rapid growth of hyperpartisan Facebook pages. Pages like Eagle Rising and Occupy Democrats share memes and photos with stories that are often false or misleading. Millions of followers share the pages with friends and family. These pages might just disappear after the election. But, on the night of the third debate, Trump TV launched on Facebook to over 8 million views — and the fact-free life became just a little more permanent.

Partisanship at the expense of facts isn't just an American phenomenon. During Brexit, the Leave Campaign promised 350 million pounds a week for Britain's health system. After they won, they denied ever making the promise.

Where facts are anyone's game, we can't be far away from Donald Trump declaring war on Genovia, the fictional nation from The Princess Diaries.

DIGEST

The world in news

1 Iraqi special forces join battle for Mosul as U.S. soldier dies — In a significant escalation of the battle for Mosul, elite Iraqi special forces joined the fight Thursday, unleashing a pre-dawn assault on a Daesh-held town east of the besieged city, and the U.S. military announced the first American combat death since the operation began.

U.S. officials said the American service member died Thursday from wounds sustained in a roadside bomb explosion north of Mosul. More than 100 U.S. special operations forces are embedded with Iraqi units in the offensive, and hundreds more are playing a support role in staging bases.

The U.S.-trained special forces, officially known as the Counter Terrorism Service, are widely seen as Iraq's most professional and least sectarian fighters, and have served as the shock troops in previous campaigns against Daesh. They are expected to lead the charge into Mosul.

THE ASSOCIATED PRESS

2 UN says 500 killed in Aleppo in Syria offensive — UN Secretary-General Ban Ki-moon says nearly 500 people have been killed and almost 2,000 wounded since the Syrian government launched its offensive on the eastern, rebel-held part of the city of Aleppo on Sept. 23.

Ban says the city's besieged district has seen "the most sustained and intensive aerial bombardment" since the conflict began.

THE ASSOCIATED PRESS

3 Aid group: Refugees facing 'appalling conditions' in Greece — The international aid group Doctors Without Borders says refugees at camps in Greece are still living in mostly "appalling conditions" with poor access to health care and a lack of provisions to identify the most vulnerable.

In the highly critical report issued Thursday, the agency commonly known by its French name, Medecins sans Frontieres, argued that the European Union and Greece had "collectively failed to establish humane and dignified reception conditions."

THE ASSOCIATED PRESS

Canadian doctor explains how abortions work

Genna Buck
Metro | Toronto

As she listened to Donald Trump describe Hillary Clinton's views on abortion as, "In the ninth month you can take the baby and rip the baby out of the womb of the mother just prior to the birth of the baby," at the U.S. presidential debate on Wednesday, Dr. Wendy Norman was disappointed, but not surprised.

"The inaccuracies are glaring and obvious and they are akin to many inaccuracies we've heard from this particular candidate," said Norman, a family physician and chair of Family Planning Public Health Research at the University of British Columbia.

The terms "partial-birth abortion" and "late-term abortion," which the moderator used in his question, are not medically accurate, Norman explained.

"The word 'term' refers to the time between 37 weeks and 42 weeks, when it's safe and normal for a baby to be born. There are no abortions happening then … and abortions are not 'birth' processes," she said.

> **These are necessary procedures.**
> Dr. Wendy Norman

What pro-life advocates call "partial-birth abortion" is an intact dilation and extraction. It's used most often in second-trimester abortions (13-27 weeks of pregnancy) when there's been a diagnosis of devastating or fatal birth defects and an autopsy is needed or parents want a body to grieve over.

The procedure is perfectly legal in Canada, but banned in the U.S., with a few exceptions.

"These are necessary procedures," Norman said. "Women who are unfortunate enough to be faced with this decision at that point in their pregnancy usually have a number of calamities."

Rarely, the fetus is fine but the mother has faced "significant barriers to access care," like severe domestic violence, incest, or being so young that the pregnancy was diagnosed late because the girl had "no idea what was happening," Norman said.

Canada has gotten better at providing access to abortions in the second trimester over the past decade, she added, but there's room to improve.

In contrast to the United States, "society in Canada has always supported the best health for women and families … we base policy and the provision of care upon the best evidence."

Starbucks brings nitro brew to Canada

COFFEE

Guinness-like cold beverage will be sold in select locations

Ever wanted your coffee to look like a Guinness?

It's not quite beer for breakfast, but Starbucks actually does tap a keg to make its latest concoction, nitro cold brew, which the chain launched in Toronto's financial district Thursday.

Nitrogen — yes, the gas — is used to amp up the coffee behemoth's hot-selling cold brew, which is essentially coffee that is steeped rather than heated.

The nitro trend has really taken off this year, with independent coffee houses including Pilot Coffee Roasters, Station Cold Brew and Balzac's recently getting on board.

But Starbucks is the biggest chain so far to get in on the gas guzzling. The chain already has it in hundreds of U.S. stores and nitro will also be sold in select locations in Toronto, Ottawa and Vancouver by year's end, the company says.

Starbucks uses a two-tap system: one for its regular Narino 70 Cold Brew and one for the nitro version. The kegs are right next to each other in the store, though one is infused with nitrogen as it cascades out of the tap.

"It appears with the same kind of theatre and whimsy one experiences while watching a Guinness stout being poured," gushes coffeetalk.com. The drink is served minus ice and unsweetened to highlight the flavour the cold brewing process brings out in the coffee.

TORSTAR NEWS SERVICE

Starbucks nitro cold brew coffee is basically cold brew with a shot of nitrogen. TORSTAR NEWS SERVICE

IN BRIEF

Local news more important than profit, watchdog says

TV stations have a responsibility to produce local news, even if it hurts their bottom line, Jean Pierre Blais, chairman of the Canadian Radio-television and Telecommunications Commission, told a Commons committee Thursday. He lamented the "disturbing number of television stations" that have cut staff, centralized operations and reduced the length of their newscasts.

THE CANADIAN PRESS

Apple says many branded items on Amazon are fake

Apple says it has been buying Apple chargers and cables labeled as genuine on Amazon.com and has found nearly 90 per cent of them to be counterfeit. In a lawsuit, Apple says Mobile Star imprinted Apple logos on cables and chargers that "pose a significant risk of overheating, fire, and electrical shock." It says the they were being sold as genuine Apple products.

THE ASSOCIATED PRESS

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DECODED by Genna Buck and Andrés Plana

YOUR FLU SHOT QUESTIONS, ANSWERED

We asked Metro readers what they want to know about the flu shot, and their reasons for not getting the jab. We put them to expert **Dr. Allison McGeer**. She says you shouldn't throw away your shot to fight flu.

"Why are scientists so bad at choosing the strain for the flu shot? Last year it was 45-50 per cent effective; in 2014-2015 just 23 per cent. The World Health Organization chooses the strains. They're actually really good at it. It's just hard. Influenza viruses are changing all the time. It's how they escape our immune system. There are billions of influenza viruses, and WHO experts have to predict the one that's going to be the most common next year. 156 countries have a national lab that selects new and different viruses to send up to the WHO so they can test them and look at the direction viruses are going in. They're getting better. But it takes six months to make a flu vaccine.

"How fast do flu viruses change? Depends on the strain. H1N1 doesn't change that much. But H3N2 can change a lot in a month. It doesn't always. But it changes enough that often, within a year, we give the virus a new name. And that's an indication that it's changed enough to pretty much infect everyone in the world again.

Allison McGeer is head of infection control at Mt. Sinai hospital. She has been part of Canada's National Advisory Committee on Immunization and a consultant to the World Health Organization.
TORSTAR NEWS SERVICE

Got the flu?

Runny, stuffed-up nose, sore throat and a bad cough could be signs of influenza or a less dangerous virus like the common cold. These are telltale signs of flu:

- Sudden high fever (39-40 C or 102-104 F)
- Severe headache
- Severe body aches
- Extreme fatigue
- 7-10+ day recovery
- Sometimes nausea, vomiting and diarrhea (especially in children)

Source: Public Health Agency of Canada

"Does it matter when you get the shot? Early or close to flu season? There's a lot of argument about that. If you're young and healthy, it probably doesn't matter. If you're older, it's probably better to get it a little closer to flu season. So I wouldn't get it in August, but the difference between October and November is probably not significant.

"I'm afraid the flu shot will weaken me for when the superbug wipes out mankind. I prefer to develop my own antibodies. That's like saying "I want to swim across lake Ontario, and it's better if I don't practise." A vaccine allows your immune system to train itself to fight a particular bug. Illness does give you immunity and protection going forward, but then again so does vaccination. There's nothing different about being 60 per cent protected by illness and 60 per cent protected by the vaccination. And if you get infected, you get sick.

"Why does the flu shot give me a sore arm? Because your immune system is reacting in that area to the vaccine. Taking Tylenol before getting the needle works better for pain than waiting until afterwards.

BY THE NUMBERS

~1 in 3 cases of flu-like illness is influenza virus.

"I got the flu shot last year and I still got the flu four times. What's up? The flu shot only prevents influenza. And influenza is about a third of influenza-like illness. You can get the flu vaccine and still get what feels like flu a couple of times a year. If you're judging the effectiveness of the shot based on your experience, you're trying to measure a one-third reduction in flu. It's just not possible to tell that's happening. You don't wear your seat belt because of your own personal experience in a car crash. You have to get the shot because you know the data shows it works and that if you do get flu, you'll be less sick.

"Aren't you basically injecting me with a strain of the flu? How is it impossible for it to make me sick? The only vaccine that has live virus is the nasal spray. We've never used much of that in Canada. The injectable ones have no live virus, just pieces of viruses. No way you can get the flu from that.

"I'm 32 and female. I'm not going to die of flu. Why does the government pay for my flu shot, but not the HPV vaccine?

First of all, cancer feels scarier, but you're not more likely to die from cervical cancer than flu. Secondly, flu shots are much less expensive than (an HPV vaccine) is. You have to have a much smaller impact to make it sensible to get vaccinated. I'm sympathetic to 22-year-olds saying, "I don't care about flu." But it makes sense to avoid it. Not getting your flu shot's not a big deal if you're 22 — if you don't have any friends with children under one, or who have cancer, or are over 65. The benefit to you is not trivial. If it were trivial, we wouldn't tell you to get vaccinated. It's not mandatory. But you should choose thinking about the other people in your life.

"The flu shot is 50 or 60 per cent effective in a good year. Why bother? I don't expect anything else in my life to be 100 per cent effective. The flu vaccine is way less than perfect. There are some other things you can do — wash your hands, make sure people stay home if they're sick, practise respiratory etiquette — but there is not as good evidence for them as there is for the vaccine.

"Do deaths and hospitalizations go down when there is universal flu vaccination? Is it worth it? There's an analysis of the impact of the universal flu vaccine in Ontario by a guy called Jeff Kwong. And he found the program is cost effective. (Kwong's 2010 study showed that universal flu shots caused a 61 per cent reduction in flu cases and 28 per cent reduction in deaths, as compared to a program where only high-risk people get flu shots. The net cost to the health care system was $2.60 per shot).

"In 2014-2015, people who got the flu shot every year were actually more likely to get the flu than others. How did that happen? And how can we make sure it doesn't happen again? We've been making and using influenza vaccines pretty reliably since the early 1940s. And the 2014-2015 flu season was the first time we had this degree of mismatch (the wrong strain of H3N2 flu was chosen). It's not very likely to happen again. As with most disasters, it's not just one thing that went wrong. There was also a problem adapting that particular strain (for the vaccine). We learned that if the change in the virus is just right, if you get vaccinated in two years, your protection in the second year is not as good as the protection of a person who did not get vaccinated last year but did get the vaccine this year. This doesn't happen every year. And in our (forthcoming) study of health care workers, those who had the vaccine for 20+ years were as well protected as those who had been vaccinated less often.

Why eggs?

Flu shots contain traces of egg because an egg is just a better way to grow viruses than anything else we had when we started making flu vaccines. We're getting close to alternatives, but we're not there yet.
— Dr. McGeer

"Zinc, echinacea, Vitamin C, Vitamin B, ginger — any truth to these earthy alternative flu treatments? There is no evidence that any of those things reduce either the frequency or severity of symptoms. Wish they did, but they don't.

"Why are people so skeptical about the benefit of flu shots? You worry about things that are foreign and strange and rare, not things that are common. We just don't respect influenza. As a healthy adult, for example, I'm more likely to die of flu than meningitis. Meningitis is uncommon, but if you get it it's really bad, so that makes it very scary.

This interview has been edited and condensed for clarity.

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MOVIES MUSIC TELEVISION DIGITAL

Elizabeth Reaser, Lulu Wilson and Henry Thomas in Ouija: Origin of Evil, which tells a terrifying new tale as the follow-up to 2014's sleeper hit that opened at number one. For 100 years Ouija Boards have caused touble on the big screen, with characters using the witch-boards to communicate with the dead with disasterous results. UNIVERSAL STUDIOS

Ouija board: A movie history

IN FOCUS

Spirits make their presence known in very horrific ways

Richard Crouse
For Metro Canada

For almost 100 years Ouija Boards have caused trouble on the big screen. From the 1920 movie Ouija Board to this weekend's Ouija: Origin of Evil, characters have used witch-boards to communicate with the dead to disastrous results.

The most famous Ouija design features the alphabet, numbers from zero to nine, and the words yes, no and goodbye printed on the board in an elaborate font. The spirits use a wooden heart-shaped planchette or a pointer to answer the living's questions from beyond.

Changes have been made to the basic design over the years. There have been glow-in-the-dark versions, a pink board marketed to teen girls and one with a light up planchette that illuminates the board's hidden messages. Whatever the look, the spirit board has also been a springboard for many movies.

The 1960 film 13 Ghosts begins when a wealthy occultist bequeaths his home to his nephew. In a scene that almost plays like a commercial for Ouija, the home's new residents soon discover a spirit board.

"Ouija, the mystifying oracle, "says Medea (Jo Morrow), "the most modern method of fortune telling. Anyone want to try it?" They gather round the board and ask, "Are there any ghosts in this house?" The answer is yes and soon the spirits make their presence known.

The kitschy movie was a hit and helped spark the Ouija craze of the 1960s, which hit a high in 1967 when sales of the talking boards surpassed Monopoly. "In the late 1800s continuing all the way into the 1960s, the Ouija board was considered good, clean, family fun," says designer Roman Mars. Then in 1973, along came a movie that scared audiences and consumers alike.

The Exorcist, the most famous of all demon possession movies, is based in part on the 1949 case of an anonymous Maryland teenager. The Catholic Church declared the boy to be under a diabolical spell when strange things started happening — levitating furniture and holy water vials crashing to the ground — after he played with a Ouija board.

In the famous film a teenage girl is possessed by a demon after she finds an old Ouija Board in a closet. Playing with the board, she encounters Captain Howdy, a.k.a. Pazuzu, king of the demons of the wind. "I ask the questions and he gives the answers!" she says before her head starts spinning.

Ouija historian Robert Murch compares The Exorcist's effect on the decline in popularity of the boards to a famous thriller's influence on everyday hygiene.

"It's kind of like Psycho," he says. "No one was afraid of showers until that scene."

Immediately following the release of The Exorcist witch-boards were suddenly perceived as an instrument of the devil, a conduit between demons and regular folks.

MOVIE RATINGS by Richard Crouse

Jack Reacher: Never Go Back	★★★
Ouija: Origin of Evil	★★★
Keeping up with the Joneses	★★
Mean Dreams	★★★
The Hotel Dieu	★★★

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I fought the Raging Boll — and lost

ESSAY

Filmmaker got his revenge for scathing reviews

Chris Alexander
For Metro Canada

The following is a true story.

Ten years ago, I was passing the time as one of the myriad know-it-all critics making sport of Uwe Boll's career. He was fun to kick around. Easy prey. And even more confounding than his movies was his loud, vulgar, cartoonish persona. He was like strange cinema's answer to Donald Trump and I, along with dozens of others, had a ball with our Boll-bashing.

Eventually, Uwe had had enough and he put out a public call to his detractors to "put up or shut up," to literally fight him in the boxing ring in a highly publicized stunt dubbed "Raging Boll."

The spirit of Andy Kaufman was alive and well and living in a five-foot-tall German filmmaker.

Naturally, I signed up. And surprisingly, I was the only Canadian chosen to be his opponent. And while most of the other 'net scribbling numbskulls' perceived this to be a lark, I didn't.

Well, I did, but I knew Boll was a bit nuts. And I knew he had actually boxed back in the Fatherland.

So I trained. I hired a boxing coach named Wayne Borque, who had helped train the fighters in the film Cinderella Man to teach me some moves.

I punched stuff. I did ridiculous amounts of cardio. I went on MTV to promote the fight and adopted a horror nerd version of a Mohammed Ali mantra: "I'm gonna put Boll to bed for House of the Dead! He's gonna feel pain for making Bloodrayne! You've heard of the Thrilla in Manilla? This is the Maneuver in Vancouver!"

And indeed I and three other idiots were flown to Vancouver, to the Plaza of Nations, to actually fight Boll in front of a crowd of hundreds, most of them friends of Boll's (including actors Michael Pare and Kristianna Lokken) along with members of the curious international press. I watched the other shmucks get their rumps handed to them, shocked that the stocky and muscle-bound Boll was actually playing to win and punching to hurt. I saw them all fall. One of them vomited.

And then it was my turn. I jumped in, fists flying. The crowd roared. I blocked punches, danced around and landed more than a few blows of my own, getting Boll up against the ropes. It was a fair fight! At the end of the first round, my corner man gave me a water bottle that was actually filled with fake blood.

I guzzled the bitter fluid and when the bell rang I jumped back in. I waited. I let Boll hit me. I spat the blood at him. The crowd cheered thinking that the gore was real.

The ref asked me if I wanted to end the fight and I told him that the blood was in fact phony. Boll was not happy with the gag and came at me with a haymaker shot to the skull.

Down I went. I got back up, dizzy, and came out again. Another clobbering blow to the head sent me crumpling to the mat. I didn't get up after that. Fight over. But oddly, after this, Uwe respected me. I was playing to win, taking the blows, just like he did, every day, putting his balls on the block with every film he was making.

A decade ago, Chris Alexander (inset) fought Uwe Boll in a boxing match in Vancouver. Boll challenged critics who'd used him as a punching bag to step into the ring with him. GREGG SEGAL

He actually invited me to his beach house the next day and I was astonished to learn that he was incredibly intelligent and knew virtually everything about cinema history. We became friends. I'd like to think we still are.

Recently, I came home and my nine-year-old son Jack said some dude who talked funny called and was asking for "Creees Al-ax-an-dah."

Jack had hung up, thinking it was one of those pesky telemarketers. That dude was in fact Uwe Boll. Long may he rage.

INTERVIEW

Director Uwe Boll's Rampage of terrible films is finished

Richard Crouse
For Metro Canada

The critics won't have Uwe Boll to kick around anymore.

The German filmmaker, who once played Adolph Hitler in an action comedy film called Blubberella, is best known for adapting video games like House of the Dead, BloodRayne and Dungeon Siege into movies.

He's never had an easy ride with reviewers — the San Francisco Chronicle's Peter Hartlaub called Alone in the Dark, "a film so mind-blowingly horrible that it teeters on the edge of cinematic immortality"—and earned the nickname The Raging Boll after challenging his worst critics a "put up or shut up" boxing match.

He knocked out each of his four opponents, landing a blow for anyone who has ever suffered a bad review.

Now he's done.

The release of Rampage: President Down is his swan song, the final film he will direct he says, in part, because his politically charged movies have "no impact."

"Rampage 3 will be watched on Netflix, DVD or iTunes or whatever," he says.

"The market is dead," he adds, "you don't make any money anymore on movies because the DVD and Blu Ray market worldwide has dropped 80 per cent in the last three years. That is the real reason; I just cannot afford to make movies."

"I can't go back to student filmmaking because I have made so many movies in my life, and I can't make cheaper and cheaper movies at my age.

"It's a shame. I would be happy to make movies but it is just not financially profitable."

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A Nasty boost

MOCKING CLINTON SONG STREAMS UP 250 PER CENT SINCE DEBATE Donald Trump's labelling of Hillary Clinton as "such a nasty woman" during the final presidential debate has given a boost to Janet Jackson's 1986 hit, Nasty. Spotify says streams of Nasty are up 250 per cent, though the company wouldn't release specific numbers. Some Twitter users are having fun with the comment Trump made Wednesday night. One video being shared features Jackson's video for the song with Clinton's face crudely pasted over top of the singer's. It references the song's lyrics with the note, "It's Hillary. Madame President If You're Nasty."

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Market Square 80 Front St., 416-494-9371

The Accountant Fri 1:10-3:45-6:35-9:20 Sat 1:10-3:45-6:35-9:20-11:10 Sun-Thu 1:10-3:45-6:35-9:20 Carrie Fri 9:45 **The Driller Killer** Sat 11:15 **The Girl on the Train** Fri-Sat 1:05-3:30-6:30-9 Sun-Mon 1:05-6:30 Tue 1:05-3:30-6:30-9 Wed 1:05-6:30 Thu 1:05-3:30-6:30-9 Sun-Mon 3:30-9 Wed 3:30-9 **Inferno** Thu 7-9:35 **Jack Reacher: Never Go Back** Fri-Thu 1:15-3:55-6:50-9:35 **Keeping Up With the Joneses** Fri-Wed 1:20-4:15-6:45-9:25 Thu 1-4:15-6:45-9:25 **Miss Peregrine's Home for Peculiar Children** Fri 3:35-6:40 Sat-Wed 3:35-6:40-9:15 Thu 3:35 **Ouija: Origin of Evil** Fri 1:25-3:50-6:55-9:30 Sat 1:25-3:50-6:55-9:30-11:30 Sun-Thu 1:25-3:50-6:55-9:30 **Storks** Fri-Thu 1

Varsity 55 Bloor St. W., 416-961-6304

The Accountant Fri-Sat 12:45-3:50-7-10:05 Sun 11-12:40-3:55-7-10:05 Mon 1-4-7-10:05 Tue 12:45-3:50-7-10:05 Wed-Thu 1-4-7-10:05 Fri-Sun 12:30-3:30-6:30-9:30 Mon 12:30-3:25-6:20-9:20 Tue 12:30-3:30-6:30-9:30 Wed-Thu 12:30-3:25-6:20-9:20 **American Pastoral** Fri-Sat 1:10-4:10-7:10-10:10 Sun 10:40-1:15-4:05-6:55-9:50 Mon 1:10-3:55-6:45-9:30 Tue 1:10-4:10-7:10-10:10 Wed-Thu 1:10-3:55-6:45-9:30 **Bridget Jones's Baby** Fri-Sat 12:35-3:40-6:40-9:45 Sun 10:50-1-3:50-6:45-9:40 Mon 12:30-3:20-9:50 Tue 12:35-3:40-6:40-9:45 Wed-Thu 12:30-3:20-6:20-9:15 **Denial** Fri-Sat 1-4-6:50-9:50 Sun 10:30-2:10-4:50-7:35-10:20 Mon 1:40-4:35-7:20-10:05 Tue 1-4-6:50-9:50 Wed-Thu 1:40-4:35-7:20-10:05 Fri-Sun 12:15-3-6-9 Mon 1-3:50-6:40-9:40 Tue 12:15-3-6-9 Wed-Thu 1-3:50-6:40-9:40 **The Finest Hours** Sat 9:30 **The Girl on the Train** Fri-Sat 1:20-4:20-7:20-10:20 Sun 10:30 Mon 1:30-4:20-7:10-9:55 Tue 1:20-4:20-7:20-10:20 Wed-Thu 1:30-4:20-7:10-9:55 Fri-Sun 1-4-7-10 Mon 1:20-4:10-7-10 Tue 1-4-7-10 Wed-Thu 1:20-4:10-7-10 Sun 1:40-4:30-7:20-10:20 **The Good Dinosaur** Sat 9 **Inside Out** Sat 9:15 **The Jungle Book** Sat 10 **Miss Peregrine's Home for Peculiar Children** Fri-Sat 3:20 Sun 4 Mon 3:25 Tue 3:20 Wed-Thu 3:25;3D Fri-Sat 12:20-6:25-9:30 Sun 1:05-7-10 Mon 12:30-6:25-9:30 Tue 12:20-6:25-9:30 Wed-Thu 12:30-6:25-9:30 **Queen of Katwe** Fri-Sat 12:40-3:45-6:45-9:40 Sun 10:40-1:30-4:20-7:10-10:10 Mon 12:40-3:45-6:50-9:45 Tue 12:40-3:45-6:45-9:40 Wed-Thu 12:40-3:45-6:50-9:45 **Snowden** Fri-Sun 12:15-3:15-6:20-9:25 Mon 1:25 Tue 12:15-3:15-6:20-9:25 Wed-Thu 12:35-3:35-6:35-9:35 **Sully** Fri-Sun 1:30-4:30-7:30-10:20 Mon 12:50-3:10-6-9 Tue 1:30-4:30-7:30-10:20 Wed 12:50-3:10-10 Thu 12:50-3:10-6-9 **Zootopia** Sat 9:45

Yonge & Dundas 24 10 Dundas St East, 416-977-2642

The Accountant Fri 3-6-9 Sat 1:30-4:30-7:30-10:30 Sun 12-3-6-9 Mon-Tue 3-6-9 Wed 3-6:30-9:30 Thu 3:30-6:30-9:30 **American Honey** Fri 2:30-6-9:30 Sat-Sun 1:40-5:20-9 Mon-Wed 6:30-9 Thu 6:30-9:50 **Apparition Hill** Fri 4:20 Sun 4:15 Mon 1:30 Tue 4:30-10 Wed-Thu 10:15 **The Birth of a Nation** Fri-Sun 1:30-4:20-7:20-10:10 Mon-Thu 7:20-10:10 **Bridget Jones's Baby** Fri 1:40-4:40-7:35-10:30 Sat-Sun 12:10-3:10-6:45-9:50 Mon-Thu 7:35-10:30 **Deepwater Horizon: The IMAX 2D Experience** Fri 2:35-5:10-7:45-10:20 Sat-Sun 12-2:35-5:10-7:45-10:20 Mon-Tue 2:35-5:10-7:45-10:20 Wed 1:45-4:20-10:20 Thu 1:45-4:20 **The Finest Hours** Sat 9:30 **The Girl on the Train** Fri 1:35-4:30-7:20-10:10 Sat-Sun 12:20-3:15-6:45-9:45 Mon 1:15-4:05-7:05-9:55 Tue-Wed 1:15-4-7:05-9:55 Thu 4:40-7:20-10:10 Fri 3:30-6:30-9:30 Sat 6:30-9:30 Sun 12:30-3:30-6:30-9:30 Mon-Tue 3:30-6:30-9:30 Wed 6-9 Thu 2-4 **The Good Dinosaur** Sat 9 **I Belonged to You** Fri 1:40-4:20-7:10 Sat-Sun 12:50-3:45-6:30 Mon-Thu 1:40-4:20-7:10 Inferno Thu 7-10; IMAX Thu 7-10 **Inside Out** Sat 9:15 **Jack Reacher: Never Go Back** Fri 4:30-7:30-10:30 Sat 12:30-3:30-6-9 Sun 1:30-4:30-7:30-10:30 Mon-Thu 4:30-7:30-10:30 **The Jungle Book** Sat 10 **Keeping Up With the Joneses** Fri 4-7-10 Sat-Sun 1-4-7-10 Mon-Wed 4-7-10 Thu 3-6-10 **Kevin Hart: What Now?** Fri 2:45-5:15-7:40-10 Sat-Sun 1:30-4-6:45-9:30 Mon-Thu 2:40-5:10-7:40-10 Luck Key Fri-Sun 1:30-4:30-7:30-10:30 Mon-Thu 1:20-4:20-7:30-10:30 **Mean Dreams** Fri 2-4:40-7:20-10:15 Sat-Sun 1:50-4:30-7:20-10:15 Mon-Wed 2-4:40-7:20-10:15 Thu 4:40-7:20-10:15 Thu 2 **The Metropolitan Opera: Don Giovanni** Sat 12:55 Sat 12:55 **Miss Peregrine's Home for Peculiar Children** Fri 3:30-9:30 Sat-Sun 3:45-9:45 Mon-Thu 10, 30 Fri 1:25-4:25-6:30-7:25-10:25 Sat-Sun 12:45-1:10-4:10-6:45-7:10-10:10 Mon-Thu 1:25-4:25-7-7:25-10:25 **Miss Saigon: 25th Anniversary Performance Sun** 12:30 **Operation Mekong** Fri 1:30-4:20-7:20-10:20 Sat-Sun 12:50-3:40-6:40-9:40 Mon-Thu 7:20-10:20 Ouija: Origin of Evil Fri 3-5:30-8:30 Sat-Sun 12-2:30-5:30-8:30 Mon-Tue 3-5:30-8:30 Wed 3:30-5:30-8:30 Thu 3-5:30-8:30 Fri 2:50-5:25-8-10:30 Sat-Sun 12:15-2:50-5:25-8-10:30 Mon-Thu 2:50-5:25-8-10:30 **Royal Shakespeare Company: Richard II** Wed 7 **Shin Godzilla** Fri 10 Mon 7 **Snowden** Fri 1-4:05-7:10-10:15 Sat-Sun 12:15-3:20-6:25-9:30 Mon-Thu 7:10-10:15 **Storks** Fri 4 Sat-Sun 3 Mon-Tue 4 Wed 1:30 Thu 4; 3D Fri 1:30-6:30-9 Sat-Sun 12:30-5:30-8 Mon-Tue 1:30-6:30-10 Wed 6:30-10 Thu 1:30-6:30-9 **Tyler Perry's Boo! A Madea Halloween** Fri 2:35-5:10-7:45-10:20 Sat-Sun 12-2:35-5:10-7:45-10:20 Mon-Tue 2:35-5:10-7:45-10:20 Wed 2:15-4:50-7:45-10:20 Thu 2:35-5:10-7:45-10:20 **Unless** Fri 9:50 Sat-Sun 9:20 Mon-Thu 9:50 **Zootopia** Sat 9:45

MIDTOWN

Yonge-Eglinton Centre 2300 Yonge St., 416-544-1236

The Accountant Fri 1:20-4:25-7:20-10:15 Sat 12:30-3:40-7:35-10:30 Sun 12:50-3:55-7:15-10:15 Mon-Thu 1:20-4:25-7:20-10:15 Fri 3:15-6:20-9:30 Sat-Sun 12-3:05-6:15-9:30 Mon-Thu 3-6:10-9:15 **Deepwater Horizon** Fri 1:25-4-6:45-9:35 Sat 5:10-6:45-9:35 Sun 12-4:15-6:45-9:35 Mon-Tue 1:25-4-6:45-9:35 Wed 1:25-4-10:20 Thu 1:25-4-6:45-9:35 **The Finest Hours** Sat 9:30 **The Girl on the Train** Fri 1:50-4:35-7:15-10:10 Sat 1-3:50-7:40-10:15 Sun-Thu 1:35-4:15-7-9:45 Fri 4:30-7:30-10:30 Sat-Sun 1:30-4:30-7:30-10:30 Mon-Wed 4:10-7:10-10:15 Thu 4:10 **The Good Dinosaur** Sat 9 **Inferno** Thu 7-10 Thu 7:10-10:15 **Inside Out** Sat 9:15 **Jack Reacher: Never Go Back** Fri 4-7-10 Sat-Sun 12:50-4-7-10 Mon-Thu 3:30-6:40-9:45 Fri-Sun 1:40-4:30-7:30-10:30 Mon-Thu 1:30-4:15-7:15-10:15 **The Jungle Book** Sat 10 **Keeping Up With the Joneses** Fri 2:40-5:15-7:50-10:25 Sat 12:20-2:40-5:15-7:50-10:25 Sun 12:15-2:40-5:15-7:50-10:25 Mon-Tue 2:20-5-7:40-10:10 Wed 5-6:55-10:10 Thu 2:20-5-7:40-10:10 Wed 2:20 **The Metropolitan Opera: Don Giovanni** Sat 12:55 **Miss Peregrine's Home for Peculiar Children** Fri-Sat 4:10 Sun 3:40 Mon-Thu 4:10; 3D Fri-Sat 1:15-7:05-10 Sun 12:30-6:40-9:50 Mon-Thu 1:15-7:05-10 **Miss Saigon: 25th Anniversary Performance** Sun 12:30 **Ouija: Origin of Evil** Fri 2:30-5:10-7:45-10:20 Sat 12:15-2:40-5:10-7:45-10:20 Sun 12:05-2:30-5:10-7:45-10:20 Mon-Tue 2:15-4:50-7:35-10:05 Wed 4:50-7:35-10:05 Thu 2:15-4:50-7:35-10:05 Wed 2:15 **Royal Shakespeare Company: Richard II** Wed 7 **Storks** Fri 4:20 Sat-Sun 4:45 Mon-Thu 4:20; 3D Fri 2-6:50-9:30 Sat-Sun 12:10-2:25-7:10-9:30 Mon-Thu 2-6:50-9:30 Sully Fri 4:40-7:10-9:40 Sat 5:20-7:10-9:40 Sun 2:25-4:40-7:10-9:40 Mon-Tue 2:10-4:40-7:10-9:40 Wed 1:30-4-9:40 Thu 2:10-4:40 **Zootopia Sat** 9:45

NORTH YORK

SilverCity Yorkdale 6 3401 Dufferin St., 416-444-3456

The Accountant Fri-Sun 1-4:10-7:10-10:20 Mon-Thu 1:10-4:10-7:10-10:10 **Deepwater Horizon** Fri-Sun 2-4:45-7:30-10:15 Mon-Wed 1:10-3:40-6:30-9:30 Thu 1:10-3:40 **The Finest Hours** Sat 9:30 **The Girl on the Train** Fri-Sun 1:15-4-7:10 Mon-Thu 1:20-4-7-9:45 **The Good Dinosaur** Sat 9 **Inferno** Thu 7:10-10:10 **Inside Out** Sat 9:15 **Jack Reacher: Never Go Back** Fri-Thu 1:30-4:30-7:20-10:10 **The Jungle Book** Sat 10 **Keeping Up With the Joneses** Fri-Sun 12-2:30-5:10-7:50-10:30 Mon-Thu 1:40-4:20-7-9:50 **Kevin Hart: What Now?** Fri-Sun 12:30-3-5:30-8-10:35 Mon-Thu 2:10-5-7:30-10 **Miss Peregrine's Home for Peculiar Children** Fri-Sun 3:45-9:40 Mon-Thu 3:50-9:40; 3D Fri-Sun 12:45-6:40 Mon-Thu 1-6:40 **Ouija: Origin of Evil** Fri-Sun 12:15-2:45-5:20-8:05-10:40 Mon-Thu 2-4:50-7:40-10:15 **Storks** Fri-Sun 4:20 Mon-Thu 3:30; 3D Fri-Sun 1:45-6:50-9:20 Mon-Thu 1-6:50-9:20 **Tyler Perry's Boo! A Madea Halloween** Fri-Sun 11:45-2:15-5-7:40-10:25 Mon-Thu 1:50-4:40-7:30-10:05 **Zootopia** Sat 9:45

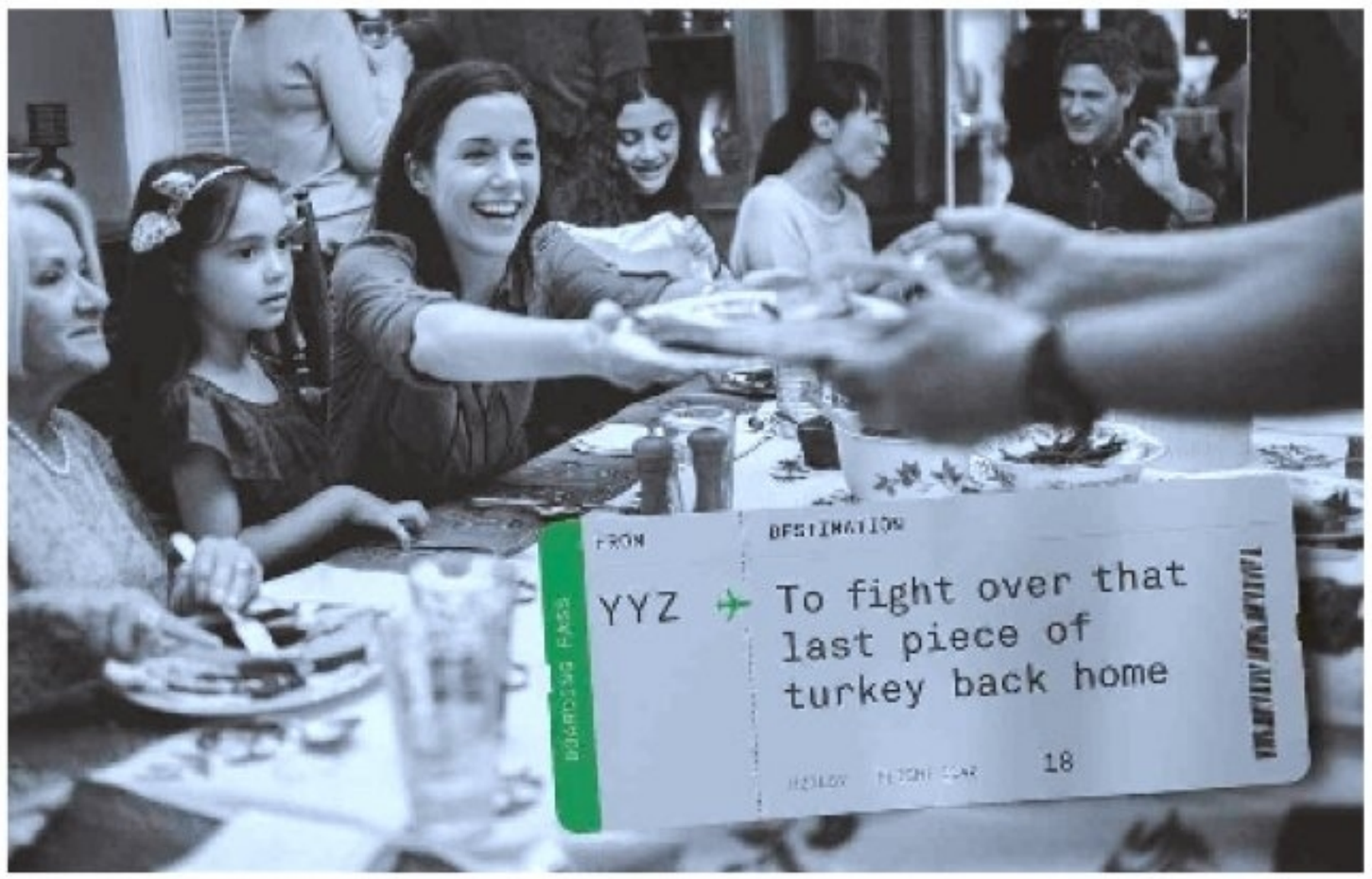
Silvercity Fairview 1800 Sheppard Ace. E., 416-644-7746

The Accountant Fri-Tue 1-4:10-7:15-10:30 Wed 4:10-7:15-10:30 Thu 1-4:10-7:15-10:30 Wed 1 **Bridget Jones's Baby Out** Sat 9:15 **Jack Reacher: Never Go Back** Fri-Thu 1:30-4:30-7:20-10:10 **The Jungle Book** Sat 10 **Keeping Up With the Joneses** Fri-Sun 12-2:30-5:10-7:50-10:30 Mon-Thu 1:40-4:20-7-9:50 **Kevin Hart: What Now?** Fri-Sun 12:30-3-5:30-8-10:35 Mon-Thu 2:10-5-7:30-10 **Miss Peregrine's Home for Peculiar Children** Fri-Sun 3:45-9:40 Mon-Thu 3:50-9:40; 3D Fri-Sun 12:45-6:40 Mon-Thu 1-6:40 **Ouija: Origin of Evil** Fri-Sun 12:15-2:45-5:20-8:05-10:40 Mon-Thu 2-4:50-7:40-10:15 **Storks** Fri-Sun 4:20 Mon-Thu 3:30; 3D Fri-Sun 1:45-6:50-9:20 Mon-Thu 1-6:50-9:20 **Tyler Perry's Boo! A Madea Halloween** Fri-Sun 11:45-2:15-5-7:40-10:25 Mon-Thu 1:50-4:40-7:30-10:05 **Zootopia** Sat 9:45

Silvercity Richmond Hill 8725 Yonge St., 416-644-7746

The Accountant Fri-Tue 1-4:10-7:15-10:05 Wed 4:10-7:15-10:05 Thu 1-4:10-7:15-10:05 Wed 1 **Bridget Jones's Baby** Fri-Thu 10:05 **Deepwater Horizon** Fri 1:15-4:35-7:20-10:10 Sat 4:35-7:20-10:10 Sun-Wed 1:15-4:35-7:20-10:10 Thu 1:15-4:35 **The Finest Hours Sat** 9:30 **The Girl on the Train** Fri-Thu 1-4:15-7:05-10:15 **The Good Dinosaur** Sat 9 **Inferno** Thu 7:20-10:20 **Inside Out** Sat 9:15 **Jack Reacher: Never Go Back** Fri-Thu 1:30-4:20-7:20-10:30 **The Jungle Book** Sat 10 **Keeping Up With the Joneses** Fri 1:35-4:55-7:45-10:30 Sat 1-5:30-8-10:30 Sun-Tue 1:35-4:55-7:45-10:30 Wed 4:15-7:45-10:30 Thu 1:35-4:55-7:45-10:30 Wed 1 **Kevin Hart: What Now?** Fri-Thu 1:50-4:40-7:50-10:30 **The Metropolitan Opera: Don Giovanni** Sat 12:55 **Miss Peregrine's Home for Peculiar Children** Fri-Thu 4; 3D Fri 1-7-10:30 Sat 7-10:30 Sun-Thu 1-7-10:30 **Ouija: Origin of Evil** Fri 2-4:50-7:55-10:30 Sat 1:30-5:30-8-10:30 Sun-Thu 2-4:50-7:55-10:30 **Storks** Fri-Thu 4:20; 3D Fri-Thu 1:30-7:30 **Zootopia** Sat 9:45

All showtimes run between Friday, Oct. 21 and Thursday, Oct. 27



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metro TRAVEL

Your essential daily news

The Smithsonian launched a $300,000 Kickstarter campaign to rescue Dorothy's ruby slippers

With lush rainforests and mountainous terrain, Saint Lucia is a beauty of an island that still manages to feel like a hidden gem of the Caribbean. Pack a swimsuit plus something for motion-sickness – there are so many switchback roads through the mountains, it's enough to make even the steadiest person's head spin – and you're all set for a tropical getaway to this island treasure where you can go all out or vacay more moderately.

KAREN KWAN FOR METRO

Soaking in St. Lucia

Stay

While the ultimate splurge on accommodations in Saint Lucia would be the eclectically designed **Jade Mountain** (shown above), where spacious suites feature only three walls — in place of the fourth is an infinity pool and view of the Pitons — book at its sister resort, **Anse Chastenet**, where the rooms have a folksy appeal and (bonus!) you're closer to the beach. At **Stonefield Estate**, you'll be blessed with an even closer view of Petit Piton from your villa and spectacular sunset views.

Sweat

Devour in local foods such as saltfish, bakes and starchy provisions (not to mention swigging rum from **Saint Lucia Distillers Chairman's Reserve**) guilt-free when you work up a sweat hiking with a guide to the peak of **Gros Piton**, which stands 2,619 feet above sea level. For a much less strenuous but almost as rewarding view, the easy stroll along the **Tet Paul Nature Trail** will reward you with top-notch vantage points of both iconic volcanic mountains.

Swim

Nestled between the Pitons, **Sugar Beach, A Viceroy Resort**, is one of the most stunning spots to swim in Saint Lucia, which is where Matt Damon and his wife rented out to renew their vows. Not a guest of the Viceroy? Not a problem. **All beaches in Saint Lucia are public**, so you're permitted to access this beach through the posh property.

Soak

At the luxurious **Kai Koko Spa at Ti Kaye Resort**, set on a cliff with expansive views of Anse Cochon below, detox with the spa's signature 90-minute **Get Dirty Sulphuric Mud Wrap** that'll help reinvigorate you while protecting your skin. Or, DIY alongside locals at the **Sulphur Springs near Soufriere**, at the mud baths where you soak in the natural, open-air hot water pool (which reaches 38C), slather yourself with mud, let it dry, then another hot water soak, and finally a quick rinse in the shower (tip: BYO towel).

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metro SPORTS

"We get to host the World Series and we get our rings on the same night — at the same time": LeBron James

Babcock all about wins

Dave Feschuk

The Jets' Joel Armia checks Maple Leafs defenceman Jake Gardiner in Winnipeg on Wednesday. The Jets also upended the Leafs on the scoreboard. JOHN WOODS/THE CANADIAN PRESS

The games, at the very least, have been eventful.

As the Maple Leafs readied to play their fourth date of the NHL season against the Wild in Minnesota on Thursday, nobody could say they hadn't provided their long-suffering fan base with plenty to talk about in their opening trio of contests. All three games saw the Maple Leafs play well enough long enough to hold third-period leads. And all three games saw the Maple Leafs — and in one historically memorable case, a singular Maple Leaf — score precisely four goals.

That's some hefty production for a team that, a season ago, averaged a little more than two goals a game.

So maybe it was worth asking: could this higher-output offence be the product of a new-and-exciting game plan devised by head coach Mike Babcock? Um, no.

"We've scored. But we're not interested in racing you to 10," Babcock said. "The game in the NHL, no matter what's going on right now, is going to be 3-2 or 2-1. We all know that."

Indeed, there's some early season aberrations going on around the league. A week or so into the campaign, the typical NHL team is averaging more than three goals a game, nearly half a goal more than it did a year ago. And goaltenders are failing to stop pucks at a rate that hasn't been observed over a full season in about 20 years. Whatever the cause, it's been fun enough to watch. Of course, "fun" isn't the three-letter word that ends in "n" the Maple Leafs are striving for. That'd be "win."

"We've got a possible four out of six points, which if you tell me before it started I'd say it's fine, but we could have had more," Babcock said. "So, I'm a bit greedy. And so are the guys."

There's nothing greedy about feeling grim over Wednesday's result, not after a 4-0 lead in Winnipeg turned into a 5-4 overtime loss. According to the Elias Sports Bureau, the Jets' comeback amounted to the second time in the last seven seasons that a team emerged with a non-shootout victory in a game in which it trailed by four goals or more. In other words, what happened shouldn't have happened.

"The outcome is controllable for us," Babcock said. "We talked about what we need to do to be successful. And so we'll fix that."

It's possible the fix won't be easy. Toronto's lineup is dotted with six rookies and plenty of early career youngsters. A lot is being expected, then, of players with relatively little experience. But that's the nature of a youth-focused rebuild.

"Is it inexperience? Maybe you could argue that," defenceman Connor Carrick said. "But at the same time, we like to think we've got a lot of mature young guys.... Everyone's got experience winning and losing games. We usually know what leads to which. So it's our job to be consistent with the winning effort."

In other words, goal-trading, rush-swapping, fan-thrilling hockey isn't being encouraged here, even as it's being played. Babcock, if he has his way, will turn those wild swings into a predictable steadiness as flat as the Prairies soon enough.

"When you're ahead, you've got to keep pushing. And when you're behind, you've got to keep pushing," Babcock said. "The moral of the story is you've got to keep your foot on the gas and play right."

You want to make sure the nights you're good, you finish it all the way through — you stomp on the other team's will, so to speak.
Connor Carrick

Dave Feschuk is a sports columnist with the Toronto Star

IN BRIEF

Pens rally to beat Sharks in rematch of Cup final

Evgeni Malkin, Scott Wilson and Patric Hornqvist scored during a furious third-period rally to lead the Pittsburgh Penguins to 3-2 victory over the San Jose Sharks on Thursday night.

The Penguins trailed by two goals after two largely lifeless periods in a rematch of last June's Stanley Cup final before catching fire late. THE ASSOCIATED PRESS

Jetty in Fernandez's fatal boat crash to be probed

U.S. Coast Guard officials say they'll examine lighting on the Miami Beach jetty involved in a boat crash that killed Miami Marlins pitcher Jose Fernandez and two other men last month. THE ASSOCIATED PRESS

Jose Fernandez GETTY IMAGES

Brand hangs up his kicks

Philadelphia 76ers forward Elton Brand has announced his retirement.

Brand was the first overall pick out of Duke in the 1999 NBA draft by the Chicago Bulls and was named rookie of the year. Brand played 17 seasons in the NBA and was in his second stint with the Sixers. THE ASSOCIATED PRESS

Argos' season under siege

CFL

Double Blue must win in Calgary, hope for Ticats loss

The Calgary Stampeders and Toronto Argonauts have very different motivations heading into their game at McMahon Stadium on Friday night.

While the Stampeders (14-1-1) want to cap off an undefeated season at home, the Argonauts (5-11) need a win just to keep their microscopic playoff hopes alive.

Having already clinched top spot in the CFL and the right to host the West Division final, the Stampeders have set a goal of winning four more games — two in the regular season and two more in the playoffs.

By beating Toronto on Friday, Calgary will become just the seventh team in CFL history to go 9-0 at home, a feat the Stamps accomplished in both 1993 and 1994.

Meanwhile, the Argos not only need to beat the Stamps, they need the Hamilton Tiger-Cats to lose their road game to the Ottawa Redblacks on Friday to remain in the playoff picture in the East Division.

"There's still a slight window of opportunity for us," said running back Brandon Whitaker. "Of course, we need a little bit of help, but that help doesn't mean anything unless we go out and do our job. We've still got a chance to sneak in and it would be a heck of a story to come back and make history pretty much. That's our mentality going in and we're just going to execute and try and beat the best team in the league."

> **For us to come in here and play well and knock them off would be a nice feather in our cap.**
>
> Argos coach Scott Milanovich

TORSTAR NEWS SERVICE

The Argos will have quarterback Ricky Ray back calling the shots this week, while Drew Willy sits out with an injury to his throwing shoulder.

Ray hasn't played since suffering a deflated lung and fractured rib in Toronto's 49-36 Labour Day loss to Hamilton. THE CANADIAN PRESS

EUROPA LEAGUE POGBA POUNCES AT OLD TRAFFORD Paul Pogba cast aside criticism of recent performances by delivering a reminder of his talent on Thursday, scoring twice in Manchester United's 4-1 win over Fenerbahce in the Europa League. OU SCARFF/AFP/GETTY IMAGES

IN BRIEF

Bills' McCoy reportedly will be a game-time decision

A person with direct knowledge of LeSean McCoy's hamstring injury told The Associated Press the Bills running back is "a game-time decision" for Sunday against Miami. The person spoke anonymously because the Bills have not revealed McCoy's playing status. THE ASSOCIATED PRESS

Nadal pulls plug on season to heal hurting left wrist

Rafael Nadal is cutting short his season so he can recover from a left wrist injury.

The 14-time Grand Slam champion said Thursday he is still bothered by the injury that kept him out of action for more than two months this season and wants to treat it properly before coming back in 2017. THE ASSOCIATED PRESS

U Sports takes over for CIS

Instantly recognizable, identical in French and English, and appealing to a younger demographic.

The governing body of Canadian university sport has rebranded to "U Sports" replacing Canadian Interuniversity Sport to mark the organization's fourth name in its 110-year history. THE CANADIAN PRESS

PREMIER LEAGUE

Foxes' title hangover yet to heal

Glance at the Champions League standings and it would seem all is just fine at Leicester City this season. Three matches. Three wins. No goals conceded. If only the defence of its English Premier League title was going so well.

Few expected Leicester to replicate the feats of last season, when the unheralded team from central England went from relegation favourites to title winners in one of the most amazing stories in all of sports.

Few, though, would have expected such a drop-off in the league the following season.

"When I think of the Premier League, I'm very, very angry," said Leicester's usually amiable coach, Claudio Ranieri.

Leicester heads into Saturday's home match against Crystal Palace in 13th place in the 20-team league, having lost four of its opening eight games. The team only lost three league matches in the whole of last season.

Last season, everyone knew Leicester's first-choice lineup and Ranieri rarely rotated, but with new arrivals that has changed. Shinji Okazaki, for example, rarely starts now and the Japan forward was a key member of the title-winning team because of his work rate, unselfishness and qualities in linking the midfield and attack. Then there's the dip in form of star players from last season — striker Jamie Vardy and winger Riyad Mahrez.

A mid-table finish in the Premier League and getting to the knockout stage of the Champions League would be acceptable in this most unusual of seasons for Leicester. But for Ranieri, the quicker the team gets to the 40-point mark the better.

THE ASSOCIATED PRESS

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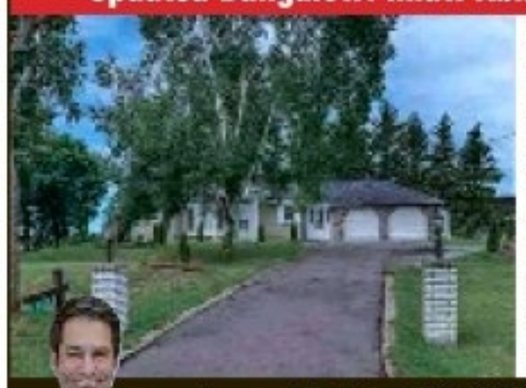

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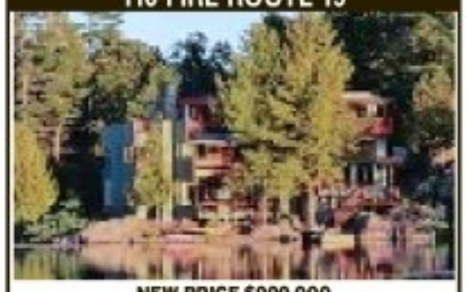

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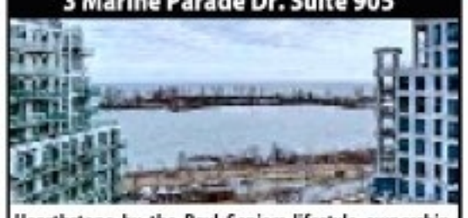

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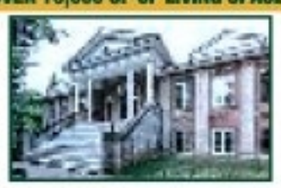

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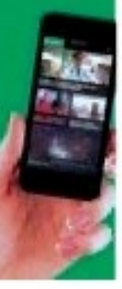

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RECIPE Waffled Avocado Grilled Cheese

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

This avocado and cilantro mash with stretchy Monterey jack cheese gets the perfect grill when given the waffle treatment. Get ready for maximum gooeyness.

Ready in 15 minutes
Prep time: 5 minutes
Cook time: 10 minutes
Serves 2

Ingredients
- 4 slices of whole grain bread
- butter
- 1/2 avocado
- small handful of fresh cilantro
- salt
- 1/2 cup shaved Monterey Jack cheese

Directions

1. On a cutting board, lay out bread slices. Spread butter on one side of each slice of bread.

2. In a small bowl, mash avocado, cilantro and salt to taste. Spread a heaping tablespoon of avocado mix on two slices of bread and sprinkle with cheese. Add cheese to the other plain slices of bread.

3. Place grilled cheese in waffle maker and cook according to machine's directions for a waffle. Repeat for the second sandwich.

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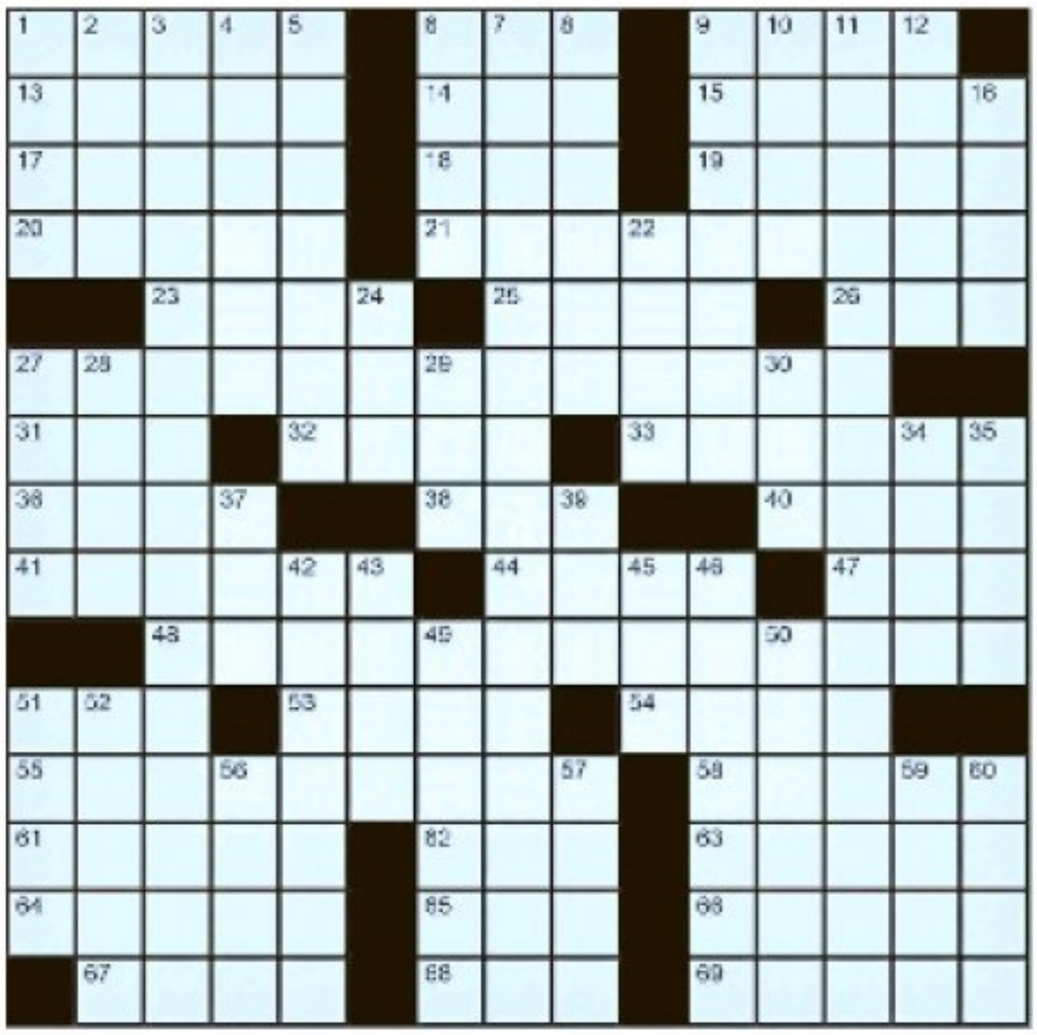
CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Singer/actress Ms. Moore
6. Brad's ex, briefly
9. LA photographers
13. 2004 Green Day album, 'American __'
14. Scottish 'no'
15. Pontificate
17. Boomtown Rats' "__ Like Mondays"
18. Utmost degree
19. Legendary ballet company
20. Ancient Greek colony
21. Dita Von Teese's theatrical specialty
23. Agitate
25. Rivers, in Mexico
26. Website
27. With all of a person's possessions: 3 wds.
31. California baseball team [acronym]
32. Go by yacht
33. Lazy Daisy, in embroidery
36. Arm drawings, commonly
38. Graduate's degree, e.g.
40. Stage musical, Man __ __ Mancha
41. Bundles
44. Cow's offspring
47. Speed __.
48. Ottawa: The Library of Parliament, also known as 'Canada's Most __ __'
51. Horiz.
53. 2002 Literature Nobelist Mr. Kertesz
54. North Pole laugh: 2 wds.
55. The carved wood panelling of The Library of Parliament is made from what type of tree?: 2 wds.
58. Supercharger
61. Inert gas
62. John Fogerty's gr.
63. Smug-looking grin
64. Like a lotus position
65. Powder __
66. Al Capp's 'Li'l' creation
67. France: Mediterranean resort
68. Initials-sharers of Gloria's portrayer on "All in the Family"
69. Eva and Zsa Zsa's sister

DOWN
1. Nero's 1003
2. Vegetable stand selection
3. Vancouver landmark crossing the Burrard Inlet: 3 wds.
4. Madonna's "La Isla __"
5. Gains
6. "The Brady Bunch" actress, __ __ Davis
7. NSERC = __ __ and Engineering Research Council of Canada
8. Yankees legend Lou
9. Stokes the fire logs: 2 wds.
10. Mr. Onassis'
11. Oak, Cherry and Walnut... That upon which visitors to #48-Across studiously walk: 2 wds.
12. England: Canterbury's river
16. Mr. Knievel
22. Records
24. Nutritional suggested amount [acronym]
27. Sandwiches, e.g.
28. "I get it nooow!"
29. Diner's shirt protector
30. Acqua Di __ (Armani fragrance)
34. Muse of history
35. "Mad Men" star Jon
37. Mailing encl.
39. Eatery, e.g.
42. Tin-glazed earthenware
43. __ pumps, as in basements
45. "I __ Ya Papi" by Jennifer Lopez
46. Ship's unsunken remains
49. Fools
50. It's called the 'Dance of Romance'
51. Wonky
52. 2004 Alanis Morissette album: 'So-Called __'
56. Easy! There's nothing __ __!
57. Work units
59. Born and __
60. Pod vegetable

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
For the next four weeks, you will be intense! In particular, you will want to tie up loose ends regarding shared property, taxes, debt and inheritances.

Taurus April 21 - May 21
The Sun is opposite your sign for the only time all year during the next four weeks. This means you need more rest. You also will have a strong focus on partnerships and friendships.

Gemini May 22 - June 21
Do whatever you can to get better organized in the next four weeks. You want to feel confident, on top of your scene and smart!

Cancer June 22 - July 23
Lucky you! The next four weeks are perfect for a vacation. They also are the time for sports events, socializing with others, flirting and having fun with your main squeeze.

Leo July 24 - Aug. 23
Now your attention will turn to home, family and your private life. Your interaction with a parent during the next few weeks could be significant.

Virgo Aug. 24 - Sept. 23
Fasten your seatbelt, because the next four weeks are busy! You've got things to do, places to go and people to see! Take a short trip.

Libra Sept. 24 - Oct. 23
Money, wealth, assets and possessions will be your focus in the next four weeks. Look for ways to boost your income because they exist.

Scorpio Oct. 24 - Nov. 22
The Sun is in your sign for the next four weeks, boosting your energy and giving you a chance to recharge your batteries for the rest of the year. Go, go, go!

Sagittarius Nov. 23 - Dec. 21
Work alone or behind the scenes for the next four weeks while you plan your new year (birthday to birthday) ahead. Any ideas?

Capricorn Dec. 22 - Jan. 20
Your popularity will soar in the next four weeks because you want to interact with friends and groups. This is a good time to share your hopes and dreams for the future with others.

Aquarius Jan. 21 - Feb. 19
The Sun will be at the top of your chart for the next four weeks, casting a flattering light on you. You look good to bosses, parents and VIPs!

Pisces
Feb. 20 - March 20
Try to travel in the next four weeks because you need to get outta Dodge. You want to explore more of the world to learn something new!

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

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5				4		2		
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2						8		
	1						3	
		7						4
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		9			8		7	

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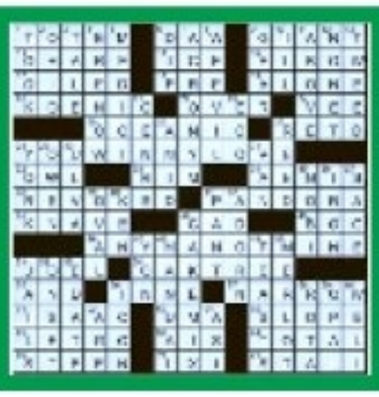

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